$24.5 million seized

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Toronto metro

Your essential daily news | MONDAY, MAY 11, 2015

FOR A REALLY RETRO DRINK, TRY MEAD
metroLIFE

High 24°C/Low 17°C Cloudy with showers

CAR, CRUISE OR CHILD CARE?

Gabriela Lopez receives a subsidy covering the costs of sending her son Arman to an after-school program — but she's one of the lucky ones. The cost of child care in Toronto is higher than anywhere else in Canada. Story in metroNEWS. TORSTAR NEWS SERVICE

Pan Am shirts are a washout

GAMES

'Rigours of the Games' may be too much for top's flashy logo

A massive replacement effort is underway after it was discovered the flashy designs on the uniforms of Pan Am Games volunteers might come off in the wash.

A reflective logo on some of the Joe Fresh-made polo shirts "may not withstand the rigours of the Games," said organizing committee spokesman Teddy Katz. He could not immediately say how many defective shirts have been distributed or how many new ones have to be made.

The Games is expecting upwards of 23,000 volunteers, each of whom gets two shirts.

Joe Fresh, which designed and manufactured the shirts, is working to update and replace the shirts, and the Games organizing committee will not shoulder the costs resulting from the snafu, Katz said.

"We're thankful to Joe Fresh for their quick response to this and for recognizing just how important our volunteers are for us," he said. The clothing company did not immediately respond to a request for comment, and organizers could not immediately say how the problem was first spotted.

Volunteers have been able to pick up their uniforms, which also include a hat, windbreaker and backpack, for more than a week since the distribution centre opened on April 28.

Volunteers were told Friday about the faulty shirts. New ones will be mailed to anyone who already picked up a uniform or who will pick one up soon.

"This will continue until the original supply of polo shirts at the (distribution centre) has been replenished," Katz said.

TORSTAR NEWS SERVICE

Designer Joe Fresh is working to replace these uniforms for Pan Am Games volunteers. TORSTAR NEWS SERVICE

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metro NEWS

Your essential daily news

Obama thrills single mom in Florida with surprise Mother's Day call. **World**

SHOWS

Paolozzapedia: Billed as an "auto-fictional-biography" and one-man show by Adam Paolozza. It follows his attempt to assemble an autobiography from family stories and scraps of memories from the Italy of his father's childhood.

Mahmoud: Featuring Tara Grammy, the show comes to Toronto after award-winning runs in New York City and sold-out runs in Los Angeles and San Francisco. It tells the story of an unexpected meeting between three strangers (all played by Grammy) who have different ways of dealing with instability in their countries of origin and who they've become in their new homes.

Why Not Theatre artistic director Ravi Jain wants to create more opportunity and accessibility for new artists. CONTRIBUTED

Showing support for new faces in theatre

ART

Riser Project helps makes productions affordable

Gilbert Ngabo
Metro | Toronto

A Toronto theatre company has launched an effort to help fresh faces break into the industry.

The Riser Project, led by Why Not Theatre, is built around the idea of making productions affordable — one of the biggest hurdles faced by up-and-coming local artists.

To do that, new groups are matched up with more experienced theatre companies for mentorship. Their shows are scheduled in a way that allows for them to share resources ranging from stages to technical staff.

Depending on the scale of a production, the budget to mount local shows can range anywhere from $20,000 to $40,000 on average, said Ravi Jain, Why Not Theatre's artistic director.

By organizing shows together, budgets can be cut by about 25 per cent. Plus, Jain said, it helps new artists draw bigger crowds.

> **If you're a young artist, nobody knows who you are, and so you kind of have to grab your friends to come to your show.**
> Ravi Jain

"If you're a young artist, nobody knows who you are, and so you kind of have to grab your friends to come to your show," he said.

"This model is not for everyone, though. If you don't have that collaborative spirit, you're not going to be able to function because sharing means sacrificing something."

The project received a $100,000 grant from the Toronto Arts Council to get started and is gearing up for its second wave of shows, launching on Thursday.

Shows include Mahmoud from Pandemic Theatre and Paolozzapedia from Bad New Days Performing Arts.

MORE LOCAL NEWS ONLINE

Gwenevere Repetski and her dad, Alex. THE CANADIAN PRESS

HEALTH

A case for weed oil

Gwenevere Repetski turns three next month and she is finally able to crawl, a milestone her parents thought they would never see.

The Thornhill girl was just an infant when she was diagnosed with epilepsy, a debilitating neurological disorder that has left her developmentally delayed.

When she was two years old, she could hardly roll over when she was placed on her back, says her father, Alex.

Alex and his wife Reagan have been illegally treating Gwen's epileptic seizures with cannabidiol, one of several active cannabinoids found in the marijuana plant.

Cannabidiol, or CBD, doesn't cause a high and, when mixed with an oil, has been touted as a potential therapy for hard-to-treat forms of epilepsy. But many doctors say there's little medical evidence yet to show if the compound is effective or even safe.

Gwen began taking marijuana oil last year and she hasn't had a seizure since, Alex says.

The Repetskis hope Canadian laws will eventually change to allow parents with children like Gwen to legally access medical marijuana oil. THE CANADIAN PRESS

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5 THINGS TO KNOW ABOUT THE WOODBINE CASINO PLAN

The city wants your say, again, on whether there should be a casino built at the Woodbine Racetrack in Etobicoke. Here's what you need to know, in a nutshell.

JESSICA SMITH CROSS/METRO JESSICA.SMITHCROSS@METRONEWS.CA

1 It's back on the agenda, again

Council narrowly voted against allowing a casino at the site in 2013, restricting gambling to 3,000 slot machines and racing. There are no live gaming tables, despite an aggressive campaign from then-mayor Rob Ford and his brother, then-councillor Doug Ford. Council voted this spring to take another look at the idea. This time, there's no talk about building a casino downtown.

2 Some people like the plan

Proponents say a casino would bring jobs and economic development to Rexdale. They say the casino should be part of a larger entertainment complex that will spur economic development in a part of the city where it's badly needed. Mayor John Tory is supportive if it's an "entertainment destination" with a hotel, restaurant and other attractions.

3 Others aren't so keen

The last time people were consulted, Environics Research Group found slightly more opposition than support. Many of those opposed said social problems, like gambling addictions, were their major concerns. However, some said extra revenue generated by a casino would ease their worries.

4 It matters outside of the city, too

Niagara Falls Mayor Jim Diodati has said a casino at Woodbine could lead to "massive layoffs" in his city, serving as a sort of cannibalization of existing gambling markets. Other cities near Toronto, such as Pickering, Ajax and Whitby, are also interested in hosting a casino. The Ontario Lottery and Gaming Corporation will decide what gets built.

5 You can voice your opinion

There's a consultation session on the Woodbine proposal at 6:30 p.m. Monday at Etobicoke Olympium (590 Rathburn Rd.), and if you can't make the session, you can weigh in on the issue at toronto.ca/WoodbineCasinoConsultation. The results of a public opinion poll will be presented to the city's executive committee on June 30. That report will also outline projected revenue that could come from the casino.

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SPORTING LIFE 10K

Runners raise $2M for 'Camp Ooch'

As a veteran summer camper, 12-year-old Edyn Drever loved the swims — even the brisk sunrise polar bear dips — at Camp Oochigeas, where she spent two weeks last July. She loved climbing the high ropes, at the Muskoka camp for children with cancer, and made time to cheer up other kids who were homesick.

When her parents picked her up, she was "over the moon, it was so much fun," said her dad, and she wanted to come back this year as a counsellor.

But the tumour that had qualified Edyn for this unusual camp stormed back, and she passed away in September.

This Sunday, a team of 42 relatives and family friends wearing Edyn's favourite colour — green — did the Sporting Life 10-kilometre run in her honour and raised a staggering $20,000 for the camp she loved.

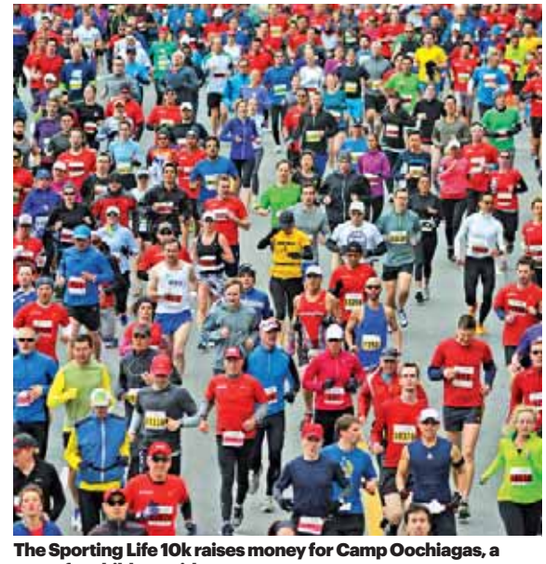
"Camp Oochigeas does such an astounding job making kids with cancer feel like kids; Edie loved the fact that at this camp, everyone was in the same boat so she wouldn't feel like she was standing out as 'that kid who is sick,'" said her father, Michael Drever, after finishing the walk.

Team Edyn was one of eight groups that walked Sunday with children who have been at "Camp Ooch" or in honour of past campers like Edyn. The run raised a record $2 million for the camp, which welcomes some 400 children every year.

"Kids with cancer are always being told what they can't do, but we focus on what kids can do — 'Yes, you can go swimming. You can go water skiing,'" said executive director Alex Robertson as he thanked the thousands of participants who relaxed in a park by Lake Ontario after the run.

It is the only camp in Canada equipped to deliver intravenous chemotherapy or blood transfusions on site, with an oncologist and specialized nurses, medical supports that cost about $250 per day or $3,500 for two weeks, although the camp is free to campers.

TORSTAR NEWS SERVICE



The Sporting Life 10k raises money for Camp Oochiagas, a camp for children with cancer. CARLOS OSORIO/TORSTAR NEWS SERVICE

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City short on child care

PARENTS

Lack of daycare forces families out of city: Critics

A brand new Honda Civic. Three years' tuition at a Canadian university. A transatlantic cruise aboard the Queen Mary 2. All of these could be yours for less than the cost of a year of child care in Toronto.

With a space for a single infant setting parents back more than $20,000 a year, the price of licensed child care is higher here than anywhere else in the country.

But the cost is only half the story.

Toronto is suffering a severe shortage of child-care spaces — there are only 64,700 spots in licensed facilities in a city with a child population of almost 350,000.

That's leading to the growth of a large, unlicensed and unregulated child-care sector.

A city report that went to council this week put it bluntly.

Gabriela Lopez, a mother who has precarious access to child care, listens to her son Arman play the guitar in their Danforth Avenue apartment. TORSTAR NEWS SERVICE

"The current supply of child care in Toronto is nowhere near adequate."

Critics say the shortage affects parents of all backgrounds by limiting their economic opportunities, destabilizing family life and, in some cases, pushing them out of town.

The lack of affordable child care "keeps us in poverty," says Sultana Jahangir, director of the South Asian Women's Rights Organization. Her makeshift office in a Scarborough highrise sees a daily influx of women struggling to work their way out of poverty while raising kids.

$20,000

The price for a year of child care for a single infant in a licensed establishment in Toronto.

Jahangir estimates that 80 per cent of women in her immigrant community are unemployed, and not having access to affordable child care is the reason.

Some mothers leave their children with neighbours, who charge $3 to $4 an hour for unlicensed, sometimes unreliable, care, Jahangir says. Others take the night shift at factories, working 11 p.m. to 7 a.m., then coming home to look after their kids.

"When everybody's sleeping, the woman is working," Jahangir says.

With financial help from the province, the city gives childcare subsidies to the neediest parents.

But there aren't nearly enough to go around. There are only 25,116 subsidies available, but 87,590 children live in low-income families.

Nearly 17,000 eligible children are on the subsidy waiting list. Jahangir says a solution would be for the city to provide more subsidies.

But it would take $582 million to fund enough subsidies for all low-income families — more than Children's Services' entire 2015 budget of $452 million.

TORSTAR NEWS SERVICE

HIGHWAY 427

Man struck by limo dies

A 38-year-old man is dead after being struck by a wedding limo on Highway 427 Saturday afternoon.

Toronto paramedics were called to Highway 427 and Dundas Street around 4:14 p.m. Saturday for reports of a pedestrian struck.

One man, 38, was pronounced dead on scene. No other injuries were reported.

The limo, which was carrying a wedding party, remained on scene.

The OPP closed off all Highway 427 northbound lanes at Dundas, as well as the northbound Gardiner Expressway ramp and eastbound QEW ramp for around two hours while they investigated. The Collector lanes were reopened around 6 p.m. but the Express lanes remained closed until just before 8 p.m.

OPP Sgt. Kerry Schmidt said it wasn't immediately clear why the man was walking along the highway and that there weren't any disabled vehicles in the area.

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LAND TITLES ACT

NOTICE OF APPLICATION FOR ABSOLUTE TITLE

(Subsection 46 (2) of the Act)

RE: PIN 21238-0195 (LT)

TO: The Owners of the property known as Pt. of Lot 22 on the west side of Spadina Avenue and Part of Lot 21 on the west side of Spadina Avenue, Plan D10, City of Toronto (Pin 21238-0200 (R) and/or the Personal Representative of his, her or their estates or his, her or their heirs at law and/or JOSEPH TOLFREE, and/ or the Personal Representative of his, her or their estates or his, her or their heirs at law.

RE: Part of Lot 21 west side of Spadina Avenue, Registered Plan D-10, City of Toronto, designated as Parts 1, 2, 3 and 4 on draft reference plan 66R attached, dated and signed April 27, 2015 by Ontario Land Surveyor T Shanmugarajah. Subject to an easement over Part of Lot 21, West Side of Spadina Avenue, Plan D-10, City of Toronto, designated as Parts 2, 3 and 4, on draft reference plan 66R as in Instrument Nos. AT 3651069 and AT3694525. Subject to an easement over Part of Lot 21, West Side of Spadina Avenue, Plan D-10, City of Toronto, designated as Parts 1, 2, 3 and 4 on draft reference plan 66R as in Instrument No. AT3778878.

The said Plan is attached to an application registered as Instrument No AT3870512 and is available for inspection at the Land Registry office or the office of the Solicitor for the Applicant:

Land Registry Office No. 66
20 Dundas Street West
4th Floor
Toronto, Ontario
M5G 2C2

Solicitor for the Applicant
Owens, Wright LLP
20 Holly Street, Suite 300
Toronto, Ontario, M4S 3B1
Attention: Gary Siskind

TAKE NOTICE THAT IDEAL (SPADINA) DEVELOPMENTS INC. herein referred to as the Applicant has made application registered as AT3870512 to be registered under the Land Titles Act as the owner in fee simple with an absolute title to the above described land.

AND TAKE NOTICE THAT any person claiming to have any title to or interest in the said land or any part of it is required on or before June 12, 2015 to file a statement of objection, which sets out the nature and extend of the interest claimed in the objection, together with all evidence, documents or legal provisions and precedents relied upon in support of the objection, directed to the land registrar at the address of the solicitor for the Applicant set out above. If no such statement of objection is filed by June 12, 2015 , I shall proceed with the application and any interest you may claim in the subject property may be thereby extinguished and you may not be entitled to receive any further notice with respect to the proceedings.

Dated at Toronto this 1st day of May, 2015.

Gary Siskind, Solicitor for the Applicant

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Einstein's passion, legacy inspire award

EDUCATION

Efforts of 10 families will be honoured

Gilbert Ngabo
Metro | Toronto

A Toronto group is determined to keep the legacy of Albert Einstein alive.

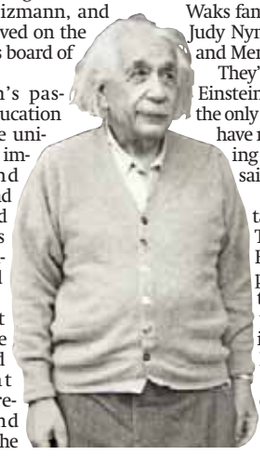
As the world celebrates 100 years of Einstein's theory of relativity, the Canadian Friends of the Hebrew University is launching an exclusive award in his name.

Ten families in Toronto will receive this week the Einstein Legacy Award for their commitment to education, science and innovation. The selected families for the inaugural awards are also known for their trans-generational support of the Hebrew University in Jerusalem.

"These families represent the values of the Hebrew University through their community efforts," said Judy Bronfman, co-chair of the awards.

"Einstein didn't just do what he did for the university but the entire world. His legacy is worth celebrating."

Einstein, the giant of theoretical physics known for his influence on the philosophy of science, co-founded the Hebrew University in 1925. The other co-founders are Sigmund Freud and Chaim Weizmann, and the trio served on the university's board of governors.



Einstein's passion for education and for the university was immense and went beyond teaching and serving in its administration, said Bronfman.

"He left his entire estate and copyright to all his research and writings to the university," she said, adding his efforts have helped shape the future of Israel through quality education.

"That just shows you how dedicated he was."

The honorees include the Appleby family, Lindenberg and Brown families, Pamela and Paul Austin, the Halbert family, the Masters family, Dzialoszynski-Waks family, Harley Mintz and Judy Nyman, and Odette Levy and Merle Goldman.

They'll each receive a bust of Einstein, joining Bill Gates as the only other philanthropist to have received an award bearing the physicist's name, said Bronfman.

The awards ceremony takes place Tuesday at Toronto's Liberty Grand Entertainment Complex, in the presence of the current president of the Hebrew University in Jerusalem, Menahem Ben-Sasson.

Chelsea Clinton, vice chair of the Clinton Foundation, will be the keynote speaker.

CITY EVENTS MUSEUM MARKS ANNIVERSARY WITH SHOE ACTIVITIES Henock, 6, gets his 'shoe fortune' told during festivities marking the 20th anniversary of the Bata Shoe Museum. The museum celebrated the occasion this weekend, offering free admission to the public and hosting shoe-related games, demonstrations and crafts. LIZ BEDDALL/METRO

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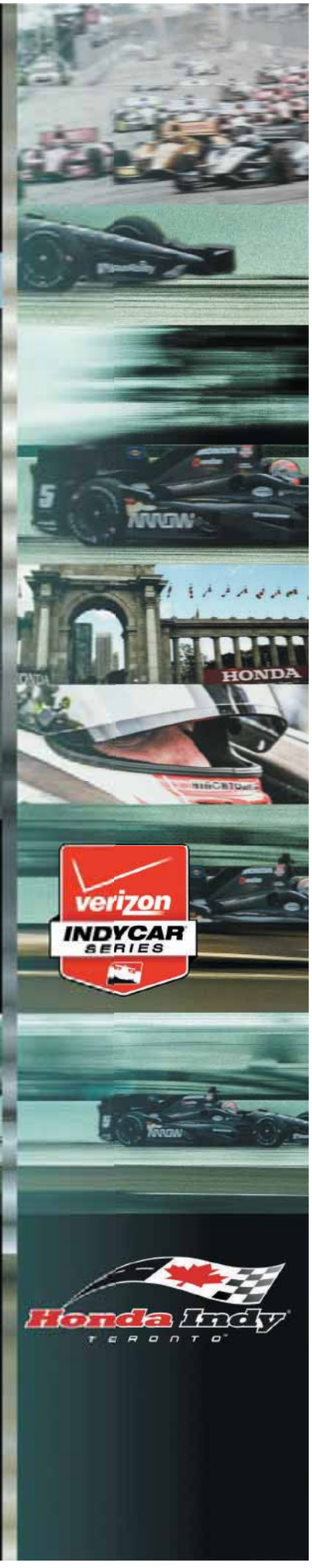

Web-series industry weaving new world

ENTERTAINMENT

Webfest event celebrates new genre of storytelling

Luke Simcoe
Metro | Toronto

Actress Elysia White, right, films a scene for Haphead, a Toronto-based web series about video game players in the near future. CONTRIBUTED

Get ready to meet the Canadian filmmakers who care more about YouTube views than Nielsen ratings.

The second annual T.O. Webfest is happening later this month, celebrating the growing diversity and success of the country's web-series industry. The three-day event runs May 22-24, and features free screenings of web series at the Bloor Hot Docs Cinema, as well as panels and workshops for online filmmakers.

"Five years ago, people thought of web content as cat videos, but it's become a really good place for storytelling," said festival spokesman Dan Speerin. "I can guarantee that there are web series in our community that are doing better than some Canadian television shows."

Whereas big-budget television shows must appeal to a mass audience, web series can succeed by connecting with niche communities, said Out With Dad creator Jason Leaver.

"The Internet is so vast and so many people are connected. So, even if your audience is tiny, it's still a lot of people," he said.

Leaver's show follows a teenage girl who comes out as a lesbian to her single father. He doesn't believe it's a story that would necessarily get told on network television.

"Web series are a great for place for stories that aren't mainstream," he said. "No one is doing a web series about six white friends hanging out in a coffee shop."

As a sign of the industry's growing maturity, a number of Toronto web series have been picked up by major television networks. Space Riders, a Mighty Morphin' Power Rangers spoof starring local comedian Mark Little, can be seen on CTV, and Ruby Skye P.I. recently made the jump from YouTube to CBC.

"Broadcasters are recognizing there's a new way to create and market test content," said Ruby Skye P.I. creator Jill Golick. "There's a creativity happening outside of the traditional industry and they want to tap into that."

FOUR T.O. WEB SERIES TO WATCH

Out With Dad. One of Canada's longest-running and most successful web series, Out With Dad follows Rose, a teenage girl who comes out as a lesbian to her single father. "It's encouraged a lot of people to come out to their parents," says creator Jason Leaver.

Space Janitors. Space Janitors is about the misadventures of menial labourers on board a futuristic space station. The show was created by Davin Lengyl, who quit his job at a Bay Street law firm in 2006 to focus on making web series. "I could probably be rich by now, but I did what I wanted to do instead," he said.

Ruby Skye P.I. Ruby Skye P.I. is about a young girl who solves mysteries in her spare time. Creator Jill Golick used to be a writer on Sesame Park and believes web series are an excellent medium for children. "All they care about is getting a great story."

Haphead. Written by Toronto-based indie game developer Jim Munroe, Haphead is a sci-fi show set in a world where people can learn just about any skill by playing video games. The show is one of the many web series in Canada that has received funding from the Independent Production Fund.

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Currency seizures rising

CRIME

Number of confiscations increased 28% in 2014 alone

The number of people stopped by border officials and found with undeclared cash at border entries is on the rise as Ottawa steps up efforts to crack down on money laundering by criminal and terrorist groups.

Last year alone, Canada Border Services Agency (CBSA) reported 1,429 seizures and confiscated $24.5 million, amounting to a 28 per cent increase from 2013 when $19 million was seized in 1,117 incidents. In addition to the undeclared cash seized, CBSA also took possession of $3.7 million in suspected proceeds of crime last year, twice the amount from the year before.

The money, if the seizure is not appealed by the owner, is forfeited to the Crown as government revenue. According to data obtained by Torstar News Service, Ontario — especially Greater Toronto — is the epicentre of these activities, with travellers in and out of the province accounting for $8.7 million and $9.6 million of the seized currencies in 2013 and 2014 respectively.

Meanwhile, Ontario also got a lion's share of the suspected proceeds of crime confiscated, $848,979 and $2.4 million in the two years.

"Money laundering and terrorist financing are international problems. Money laundering in Canada alone is estimated to be in the billions of dollars," said CBSA spokeswoman Wendy Atkin. "While currency seizure statistics vary from year to year, the CBSA can tell you that its officers are committed to enforcing Canadian legislation … as it applies to the border."

While observers believe China's crackdown on corruption in recent years may have contributed to the influx of so-called "dirty money" into Canada, ignorance and misconception among Canadians also plays a role in people not declaring the amount of cash they carry through the border.

Under the Proceeds of Crime (Money Laundering) and Terrorist Financing Act, said CBSA, there are no restrictions on the amount of currency a person can bring into or take out of Canada. However, any amount valued at $10,000 or more must be declared at customs.

Atkin said there are four levels of seizure, leading to a fine ranging from $250 to $5,000. However, in cases involving suspected proceeds of crime, no money will be released.

Tax litigator Daniel Kiselbach has seen a 20 per cent increase in inquiries from Canadians desperate in getting their seized money back from the government.

Although CBSA has an internal appeal process, he said the "redress officers" must be satisfied with the proof of the source of the money.

According to CBSA, $6.7 million in undeclared money and $834,144 in proceeds of crime was seized across Canadian borders from Jan. 1 to April 15 this year, including $2.9 million in unreported cash and $127,960 in "dirty money" confiscated in Ontario. TORSTAR NEWS SERVICE

Last October, Canadian border officials found duct taped packages of more than $1.3 million in undeclared currency at the Queenston-Lewiston bridge in southern Ontario. TORSTAR NEWS SERVICE

Arrest made in death of T.O. mom

Police in Toronto say a young girl who returned home from school to find her mother fatally stabbed alerted them to a "despicable and incredibly cowardly" homicide.

Det. Sgt. Steve Ryan says Allen Lascelles, 51, is charged with first-degree murder in the death of 31-year-old Suraiya Gangaram on Friday. Ryan says Lascelles dated Gangaram on and off for two years before the relationship ended in 2014 after Lascelles was arrested and charged with domestic assault.

Lascelles was released in September 2014 under conditions not to contact Gangaram, but Ryan says the two had agreed to meet on Friday so that some property could be returned to him. Police don't know when the stabbing occurred, but say Gangaram's young daughter found her mother lying on the kitchen floor and called 9-1-1.

"I don't want to comment so much on the viciousness of the scene … but I can say that it was despicable and incredibly cowardly in my view," said Ryan. THE CANADIAN PRESS

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INDONESIA

Boats carrying over 500 migrants wash ashore

Boats carrying more than 500 members of Myanmar's long-persecuted Rohingya Muslim community washed ashore in western Indonesia on Sunday, with some people in need of medical attention, officials and a non-profit organization said.

Steve Hamilton, deputy chief of mission at the International Organization for Migration in Jakarta, Indonesia's capital, said his teams were racing to the Aceh province sub-district of Seunuddon, where the boats landed.

They warned that thousands more are believed to be stranded at sea.

Of the four boats found, three had apparently been abandoned by the smugglers and the other ran out of fuel, he said. THE ASSOCIATED PRESS

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Two officers killed

MISSISSIPPI

Suspects in custody after police shot during stop

Two City of Hattiesburg police officers survey the site Sunday morning where an altercation began that left two Hattiesburg, Miss., police officers shot to death during a Saturday evening traffic stop. THE ASSOCIATED PRESS

Two Mississippi police officers were shot to death during an evening traffic stop turned violent, a state law enforcement spokesman said Sunday. Three suspects were in custody, including two who are charged with capital murder.

The deaths of the officers — the first to hit Hattiesburg in three decades — were felt far and wide in this small southern Mississippi city. Gov. Phil Bryant released a statement saying he was mourning the loss of the officers.

"This should remind us to thank all law enforcement for their unwavering service to protect and serve. May God keep them all in the hollow of his hand," Bryant said.

Warren Strain, a spokesman for the Mississippi Department of Public Safety, said Marvin Banks, 29, and Joanie Calloway, 22, were each charged with two counts of capital murder. Banks was also charged with one count of being a felon in possession of a firearm and with grand theft for fleeing in the police cruiser after the shooting, Strain said.

"He absconded with a Hattiesburg police cruiser. He didn't get very far, three or four blocks and then he ditched that vehicle," Strain said.

Banks' 26-year-old brother, Curtis Banks, was charged with two counts of accessory after the fact of capital murder.

The three Hattiesburg residents were arrested without incident at different locations overnight following the shooting, Strain said. They were expected to face initial court appearances Monday. The three were being held at undisclosed jails in the state and could not be reached for comment.

Lt. Jon Traxler, a Hattiesburg Police Department spokesman, identified the officers who died as Benjamin Deen, 34, and Liquori Tate, 25.

Local reports identified Deen as a past department Officer of the Year, and Tate was a newcomer to the force who Strain said was a 2014 graduate of the law enforcement academy.

Tate grew up in a tough part of Starkville, 240 kilometres north of Hattiesburg, and decided to become a police officer so he could make a difference in the black community, said Jarvis Thompson, who knew him from childhood in church.

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VATICAN RAUL CASTRO THANKS POPE FOR CUBAN-U.S. DETENTE Cuban President Raul Castro waves as Pope Francis, background, looks on, at the end of a private audience at the Vatican, Sunday. Castro paid a call on Francis to thank him for working for Cuban-U.S. detente — and said he was so impressed by the pontiff he is considering a return to the Catholic church's fold. FABIO FRUSTACI/ANSA VIA THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Monday, May 11, 2015

#MYMETRO

Jenn Abrams, Vancouver

What are you up to?
I'm on my lunch break.

What's your job?
I'm distribution manager for the luxury travel website Kiwi Collection.

What's the best thing about Vancouver?
The best thing about the city is the great food from all over the world.

What are you reading or binge-watching right now?
I'm watching Game of Thrones and reading The Case for Make Believe (by Harvard child psychologist Susan Linn).

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper. We'll re-post you and feature a reader pic from across Canada in this spot every Monday.

Taxi reform can work if council keeps it simple

TORY'S TORONTO
Matt Elliott

In a world without bureaucratic baggage, city hall lobbyists and entrenched financial interests, reforming Toronto's taxicab licensing system would be pretty easy.

Ideally, the system would be simple. If you wanted to be a cab driver, first you'd need a car that meets safety specifications. (Accessibility specifications, too — let's not be exclusionary.)

Then, after a stringent check that determines you're neither an axe murderer nor a tremendously terrible driver, you'd buy yourself a shiny taxi license from city hall.

And that's it. As long as you kept your licence current, your vehicle in good working order and didn't prove yourself to be a dangerous jerk, you'd get to drive.

Unfortunately, that kind of simple solution has proven hard to find at city hall. So hard, in fact, that Toronto politicians have been discussing taxi reforms for four years straight without reaching a final conclusion.

But they shouldn't give up, because the fundamental truth about Toronto's taxi licensing status quo is that it's flagrantly unfair.

As it stands, Toronto maintains a two-tiered licensing system. Some licensees — those with Ambassador plates — operate under conditions similar to the ideal scenario. Drivers own and operate their own cabs.

But then there are those with so-called standard plates, who face far fewer restrictions. There are a limited number of these plates available. Plate holders aren't required to drive their own cabs, and they can be leased out or transferred. As a result, these plates became absurdly valuable. In 2014, city data obtained by Metro showed 117 people had ponied up more than $250,000 just to get a standard plate.

Last term, Toronto City Council came close to reaching a satisfactory solution on this issue by implementing a single type of taxi licence. But in recent months, some of the same politicians who once urged reform are now pushing to abandon it.

Mayor John Tory, to his credit, fired back against the defenders of the status quo last week during yet another Toronto City Council debate on the subject.

Many of the mayor's comments on the subject of taxi reform have been too focused on the ride-sharing service Uber — he successfully passed a motion to delay any decision on taxi reform until after a judge rules on Uber's legality in Toronto. However, his thoughts on fairness struck a chord with me.

Toronto's taxi licensing system is flagrantly unfair.

"If I have a bugbear," Tory told council, "it's the middlemen in this industry that suck money from people who are trying to earn a living, who add no value to anything."

I'll agree with him on that. More than this taxi reform debate is about Uber or any other technology, it's about fairness. And fairness is worth driving for.

Matt Elliott lives and writes in Toronto. Follow him on Twitter @GraphicMatt

ROSEMARY WESTWOOD

metroview

"Omar Khadr's inner life will remain a mystery to us."

Humble words. Trimmed beard. A dimple.

We've seen the redeemed Omar Khadr, looking nervous and happy, dressed in jeans that seem too big.

Now free, and free to speak, Khadr is attempting to write his story from his own vantage point, to show Canadians "I'm more than what they thought of me."

Canadians are enthralled. There was a wave of welcome-home tweets Thursday, when he was released on bail after spending 13 years in jail, 10 of them in Guantanamo Bay. People said they teared up as they watched him, articulate and soft-spoken in front of a scrum of reporters. Some called the scene "beautiful" and complimented his smile.

We are, it seems, charmed.

But despite the myth-making that will now begin in earnest, about a teen who ran with a terrorist crowd and became the poster boy for the treatment of child soldiers, we will never really know Khadr.

In conservative circles (and to our prime minister), Khadr is still nothing but a dangerous terrorist. For child-soldier activists, he is a victim, indoctrinated into al-Qaida at the age of 13 by his father.

Khadr has spoken of remorse for throwing a grenade that killed a U.S. army medic. He rejects extremist views, he said. He wants a normal life, an education. "I will prove to them I'm a good person," he said. "Give me a chance."

We seem willing. But no matter how he now shapes his future, the profiles, biographies or documentaries made, his inner life will remain a mystery to us — as with all public figures.

"Only Mr. Khadr can truly know if the changes he purports to have made in his religious belief system and world view are genuine," said a psychologist who interviewed Khadr, as reported by Maclean's.

An acquaintance of mine, watching the video of Khadr interviewed outside his lawyer's home in Edmonton, said that Khadr spoke with "the innocence of a child."

"It's like you can actually witness a veil of darkness lifting for him despite the past."

That is what the joy at Khadr's release is really about: not the man, but our own need to see justice done. Our own need to redeem ourselves, and our country, for not fighting to free him from Guantanamo Bay.

Our desire, too, to know that hope and humility can spring up in the most vile of places, and that people — even purported terrorists — can be redeemed.

"I'm excited to start my life," Khadr told the press. "There's nothing I can do about the past, but I hope that the future can, I can do something about the future."

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metro LIFE

Your esser ews

Box office revenue down, but concession sales jump 2.6% to $5.18 per patron at Cineplex

Make like Game of Thrones' Cersei Lannister and grab a glass of mead. HANDOUT

The need for mead

GAME OF THRONES

Retro beverage back in vogue thanks to hit show

Brian Gasparek
For Metro | Life

Game of Thrones seems to be the gift that keeps on giving for its hipster-fan demographic. In addition to delivering some solid reading material, and one of the strongest shows on cable, the George R.R. Martin fantasy drama has also provided the cool kids with a thirst-quenching opportunity to indulge in something retro — really retro: Mead.

Just like their favourite medieval heroes and villains from Westeros, it appears that hip Thrones fans have taken to ironically consuming the show's boozy beverage of choice. Yep, that's about as vintage as you can get.

"It's great to see such excitement," said Michael Fairbrother, American Mead Makers Association president and founder of New Hampshire's Moonlight Meadery. "For the last few years, every time I would visit a different market and it was around the time of the new Game of Thrones episodes being released, the buyers would start telling me how many consumers would come in and mention they were going to have a Game of Thrones night with mead."

Mead in its simplest explanation is a beer-tasting alcohol made by fermenting honey and water together. Once viewed as the drink of deities, mead's origins can be traced all the way back to ancient Egypt, China, Greece and Rome. It was hugely popular in the Middle Ages, but died a fast death when sugar became the more popular sweetening alternative and beer and wine took centre stage as better-tasting party favourites. That is of course until Thrones made it trendy again.

"I tried mead when I was in the U.S.," said diehard Game of Thrones fan and mead dabbler Ben Cohen, who lives in Toronto. "It actually tastes pretty good. Just like honey, but not as sweet. I once tried to make it with some friends, too ... but that tasted like crap."

Since Game of Thrones' debut on HBO in 2011, sales of mead have skyrocketed, getting makers pretty darn pumped.

"We are calling it the 'renaissance of the Renaissance," said Cherie Andrews of Chinook Arch Meadery in Alberta.

According to the Annual Mead Industry Report by the American Mead Makers Association, the retro booze has experienced a 128 per cent increase in production between 2012 and 2014, with its manufacturing rising to 144,000 gallons from 62,000 gallons.

Not only that, the desire to make the stuff has skyrocketed, too. When Colorado's Mazer Cup (the largest international mead competition) started back in 2008, there were 200 home entries and 125 commercial entries. This year, the number has grown to 400 home entries and 350 commercial entries.

"The exciting thing about engaging younger, hipper consumers with mead is multifaceted," Andrews said. "Not only is it a demographic that includes men and women equally but they really don't have preconceived ideas of what mead should be like. They just love it for what it is."

So as Canadians who want to join the hip retro trend of drinking like the Starks and Lannisters, where can we try the stuff? The answer should be as simple as your local liquor stores that carry flavoured mead options by small Canadian meaderies like Trafalgar Ales & Meads from Ontario and Tugwell Creek Honey Farm and Meadery in B.C.

As it turns out, Canada is actually home to more than 30 meaderies from coast-to-coast, way up from the four that existed in the mid-2000s.

So next time you're looking to kick back and sip on adult refreshments, perhaps try going the retro route like Cersei and Jaime, and crack open a mead. Warning: Too much mead may cause dragon sightings.

WHAT'S THE DIFFERENCE BETWEEN BEER AND MEAD ANYWAYS?

Although mead may be carbonated and share beer's sweet, semi-sweet or dry taste qualities, the two are completely different.

Beer is boiled and brewed, with a concoction of malted barley, hops and various ingredients.

Once it is cooled, yeast is tossed in to allow it to ferment. The majority of its fermentable sugar is derived from malt sugars boiled out of the barley.

Unlike beer, mead is not boiled or brewed. The process of making it is similar to wine. It's created by mixing honey and water (with optional fruits, spices, grains or hops) and is then left alone to ferment. The majority of its fermentable sugar is derived from honey.

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The money quiz for couples

PARTNERSHIP

Check if your relationship is financially healthy

Gail Vaz-Oxlade
gailvazoxlade.com

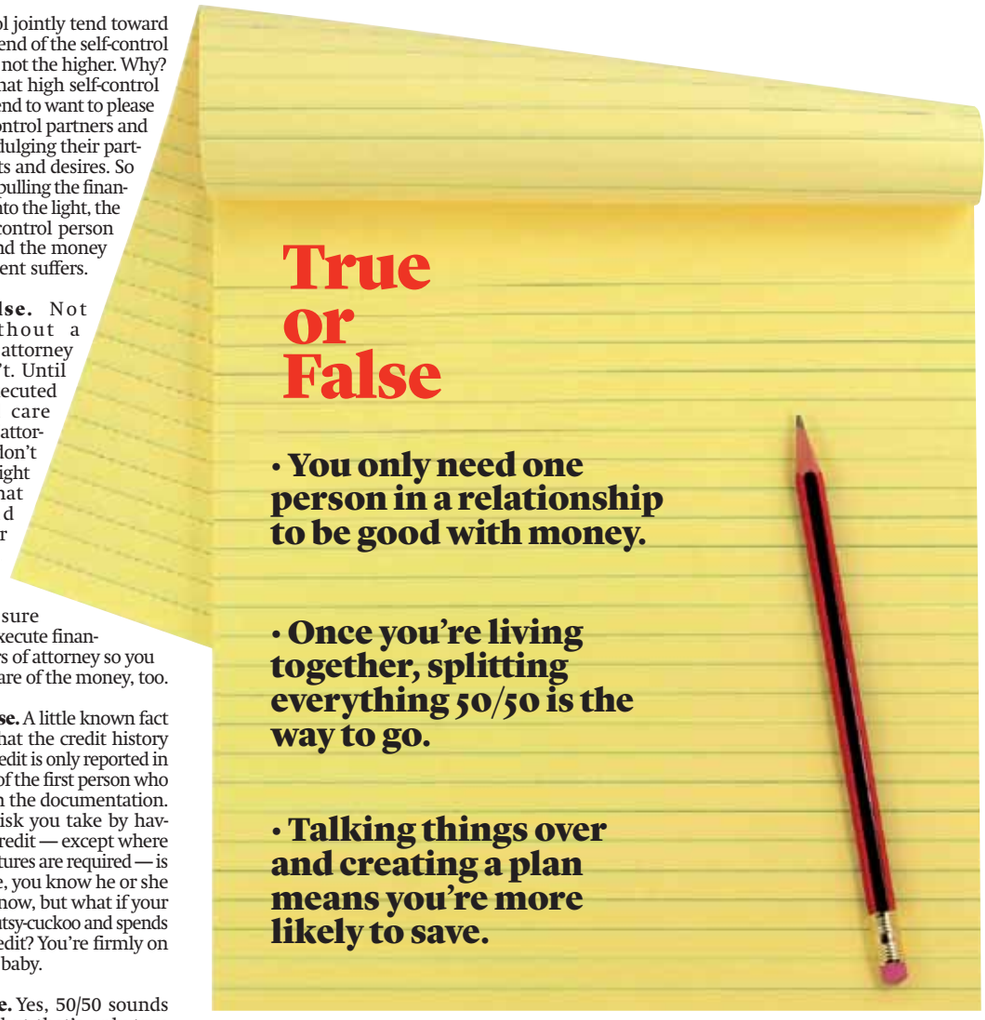
People have all kinds of misconceptions about the rules around money and relationships. So here's a quick test to see what you may or may not know about couple's money.

Don't peek at the answers until you've chosen True or False for the following statements:

1. It only takes one person good with money in a relationship to make money management work.
2. Married partners have the right to speak for their better halves when it comes to medical treatment if their mates can't speak for themselves.
3. Getting a joint line of credit is a good way for you both to build your credit histories.
4. Once you're living together, splitting everything 50/50 is the way to go when it comes to managing the bills.
5. Talking things over and creating a plan means you're more likely to save.

So, how on the money were you?

1. **False.** If only one person has high self-control, the couple is more likely to fail. According to researchers from Boston College and the University of Pittsburgh, couples of mixed self-control jointly tend toward the lower end of the self-control spectrum, not the higher. Why? It seems that high self-control partners tend to want to please low self-control partners and end up indulging their partner's wants and desires. So instead of pulling the financial idiot into the light, the high self-control person gives in and the money management suffers.


True or False
• You only need one person in a relationship to be good with money.
• Once you're living together, splitting everything 50/50 is the way to go.
• Talking things over and creating a plan means you're more likely to save.

2. **False.** Not without a power of attorney they don't. Until you've executed personal care powers of attorney, you don't have any right to say what can and can't be for your mate. While you're at it, make sure you also execute financial powers of attorney so you can take care of the money, too.
3. **False.** A little known fact is that the credit history for joint credit is only reported in the name of the first person who is listed on the documentation. And the risk you take by having joint credit — except where both signatures are required — is huge. Sure, you know he or she loves you now, but what if your pal goes nutsy-cuckoo and spends all that credit? You're firmly on the hook, baby.
4. **False.** Yes, 50/50 sounds fair, but that's only true if you're both making a similar income. If one makes more, that person should pay more of the joint expenses so the other person isn't left feeling like a poor mouse. So split your joint expenses proportionate to income.
5. **True.** A 2013 HSBC survey reports that people saved 49 per cent more if they had a financial plan to save money. The results were not simply a matter of having more resources to start with, but of using them wisely.

Here are some more questions to think about if you feel like its time to take the next step:

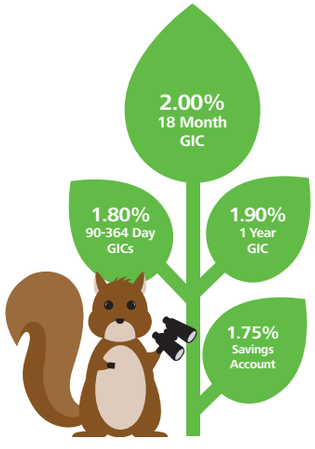
Why are we doing this? People move in together for all kinds of reasons, some of which are really dumb, like, "This will be a good test of our relationship," or "I want to give him a break so he can pay off his bills." Or "We spend so much time together anyway, we might as well live together." This is a big deal so you should give the "why" some serious thought. If it's going to move you towards your goals as a couple, great. If it's because you love each other to bits and want to build a life together, terrific. If it seems like a lame reason, it probably is.

How will this work for us both financially? If one person keeps bringing home new furniture and the other ends up picking up the full rent tab, someone is going to be miserable, so have a plan for how you'll be co-existing financially when you cohabitate. Start with full disclosure: what do you each own, what do you each owe, how much do you make, and how will you use that money.

How well do our lifestyles match? One of you likes to pahtay, while the other would rather stay home and read a good book. One of you loves eating out while the other thinks saving for that vacation should be the priority. Have you talked about what you goals are? What's most important to you? If you don't naturally "match up" how will you bridge your differences?

What are your expectations? Believe that it's the man's job to pay for stuff? Bathroom cleaning is woman's work? Get on the same page in terms of what you expect from your 'buddy' before you turn them into a life partner.

How will we fight? How will you negotiate the things that may create conflict? Does one of you need cool-down time? What does that look like? While you're at it, make an agreement right from the start about what you'll do if the kaka hits the fan and you split. While you like each other is the perfect time to talk about how you'll treat each other when you aren't feeling quite so generous.



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OFFICE RELATIONS
Eleni Deacon

When leaving a job you dislike, it can be tempting to tell off your boss and book it for the beach that same afternoon. But while sudden, dramatic departures make potent material for late-afternoon daydreams, real-life resignations should be calculated and respectful. If it's time to quit, don't blow it.

Whether you're finally escaping a toxic environment or simply transitioning to up-the-ladder pastures, you need a solid exit plan. Walk into your boss' office unprepared, and you might stutter a slew of overshares. Instead, plot what you'll say and when you'll say it. Book a meeting with your superior for a convenient time of day — such as late morning or afternoon — and practise your talking points aloud in advance.

Keep your speech brief, transparent and appreciative. You don't need to share every detail about your next step — your new salary, for example, is none of your current employer's business — but you should be open about your plans. Although it may feel uncomfortable to tell your boss you've accepted a role with a competitor, it will seem even shadier when she sees your LinkedIn update in a few weeks.

If you have a strained relationship with your boss, the conversation might be tense. And if you love your present workplace, your resignation might be fraught with guilt and nerves. But stay calm and professional, and express your appreciation. No matter how messy your current situation, it provided a stepping stone for what's next.

If an exit interview is requested, provide honest but respectful feedback. Tactful criticisms could help your employer improve their ways; spill-your-soul tell-alls, while cathartic, will likely leave a bad taste. Focus on your personal reasons for moving on — a change of pace, a new perspective — rather than everything you think is wrong with your current place of work.

Quitting isn't just one conversation: It's a process that doesn't end until you're wrapped up, packed up, and out the door on your final day. Give your employer fair warning of your departure (two weeks is standard, though they may request more), and establish clear expectations for your final weeks. This is not the time to trash-talk upper management or covertly watch YouTube all day. Instead, spend your last stint wrapping up outstanding deadlines and creating clear instructions for your replacement.

It isn't unlikely that you'll end up working with at least some of your current colleagues later in your career. Foster a smooth transition, and you'll leave with a glowing impression — not a ball of flames.

Pfft! Make your exit from that toxic job as professional as the interview that landed you in your amazing new gig. ISTOCK

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Many opportunities for nurses in Canada

CAREER OPTIONS

Roles available in various specialties

Jason Menard
For Metro

People who are looking for a career in diverse workplace environments and schedules that fit their specific needs or desires may find nursing to be an ideal pathway to a long and rewarding career.

"With over 300,000 practitioners throughout Canada, we represent the largest group of health-care providers in the nation," said Anne Sutherland Boal, the chief executive officer of the Canadian Nurses Association (CNA).

"In nursing you have the privilege of working with people throughout all life experiences."

In many ways, only your interests and your desire limit you.

"You can work through a whole host of specialties — oncology, children's health, surgical nursing, amongst others," Sutherland Boal said, adding that nurses play key roles in providing direct care, preventative care, and can also be found in research, teaching, and administrative fields.

> **Essentially you can choose a field that best suits your interests based on age, specialty, geography.**
> Anne Sutherland Boal, the chief executive officer of the Canadian Nurses Association

Nurses also work in the private sector, but Sutherland Boal's organization is committed to the preservation and promotion of the public-care system.

In Canada, there are three main nursing professions: licensed practical nurses; registered nurses; and registered psychiatric nurses.

The CNA, formed in 1908, represents registered nurses, making it one of the oldest professional bodies in Canada. And, considering the importance and pervasiveness of nurses throughout the nation, it's easy to understand why.

"You can find nurses in every community and in every geography across Canada," Sutherland Boal said.

"You can find roles in hospitals, in communities, in long-term care centres, in First Nations, rural, and remote areas. And you can find full-time, part-time and casual work, evenings, nights, weekends.

"Essentially, you can choose a field that best suits your interests based on age, specialty, geography."

And as Canada's population ages, the need for home care is even more pronounced, with people expecting to obtain medical treatment closer to home.

Many nurses are coming into the profession as part of a transition to a second career, Sutherland Boal said.

"We've had people who have had BAs in business, but decide in their 40s that they want to become nurses," she said, adding there are accelerated transition programs available to help facilitate that change.

And for those who leave the nursing profession to enter other fields, the skills and traits that led them into nursing serve them well in many other professions.

"Someone with a nursing background obviously is able to understand the needs of people," she said. "Nurses know how to work with people."

For more information about nursing, visit cna-aiic.ca.

Long-term care centres are an alternative workplace for nurses. SHUTTERSTOCK

MSF nurse shares desire to help after disaster

It may be called Doctors Without Borders, but nurses are an essential part of the organization.

One of them is Nancy Graham, a nurse from Toronto, who has been on five missions in war-torn or disease-stricken areas of the world.

The 30-year nursing veteran has worked at hospitals in Ottawa and Toronto, mainly as an operating room nurse. She now works as a public health nurse for the City of Toronto. She heard of Médecins Sans Frontières/Doctors without Borders (MSF) early on in her career and was always impressed with its work.

"I was stable and had enough experience and education that I thought I've got something to offer. I applied to MSF Canada in 2004, and in 2005 I got matched to work in Sierra Leone."

For six months, Graham worked as a nurse manager in a small rural hospital, helping people recover from a lengthy civil war. She worked in maternity nursing, mental health, HIV/AIDS, as well as treating children suffering from malnutrition and parasites from dirty water.

"If you work for several months or even years in the developing world and you come back to our amazing, wonderful health-care system ... I found I was shocked at how well-developed and well-supported we are," Graham said.

Graham discovered the nurses in Sierra Leone frequently ran out of supplies and worked for a time during the war even though they weren't being paid. She admired their strength, creativity, and good humour.

"I feel so fortunate to be working in Ontario, and when I hear sometimes complaints from colleagues I have to bite my tongue."

In 2010, Graham travelled to Sri Lanka for five months to work as an operating room nurse. Two years later, she worked in South Sudan for six months, supporting a small rural hospital as an outreach nurse.

Nurse Nancy Graham on a Médecins Sans Frontières work trip. CONTRIBUTED

"So I was going out four days a week out of seven, driving with an MSF driver and a South Sudanese midwife and a South Sudanese clinical officer. We visited little health stations in a 60-kilometre radius around the hospital."

In 2013, Graham journeyed to Jordan, near the border with Syria, for six weeks to fill in for another nurse who had to leave.

Then, last year, Graham returned to Sierra Leone, this time to care for Ebola patients.

"It was a very awesome, powerful experience," she said. "Our assignments were only for six weeks because it's really exhausting work."

She said she keeps coming back because everyone with MSF shares a philosophy of wanting to contribute, help people recover from disasters or wars, and to let them know they are not forgotten.

JEN TAPLIN/FOR METRO

> **There was a young woman who was recovering (from Ebola) and MSF set a DJ station outside of the tents where patients were recovering. One Friday night, a local Siera Leonian fellow brought wonderful music and I remember dancing ... we were laughing and smiling and it gave me a really wonderful feeling that she was going to get better and she would go home and back home to her family.**
> Nancy Graham

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Toronto FC fall in first game at new-look field

BMO FIELD Opener

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A failed Toronto FC comeback in its long-awaited home opener may have had fans wondering where all that late urgency had been earlier in the 2-1 loss to the Houston Dynamo.

But for Toronto coach Greg Vanney, Sunday's defeat before a BMO Field record crowd of 30,226 was a lesson learned.

Habits and strategies from surviving seven straight league games on the road don't necessarily work at home.

"As I said to the guys in there, our fans want us to come out and fight, and to come out and be proactive and to come out and be aggressors," Vanney said. "And to show that we want to defend this stadium and this field and this city. And today we were way too passive.

"That for us is a lesson on how we're going to win at home. And I think once we've established that, hopefully today (with) that lesson, things will be different as we move forward."

Goals by Boniek Garcia and Will Bruin either side of halftime gave the Dynamo a 2-0 lead.

Toronto's Jozy Altidore, with his fifth of the season, headed home a Jonathan Osorio cross in the 77th minute to make for a tense ending, especially with six minutes of added time.

The victory snapped a four-game winless streak for Houston (3-4-4). Toronto (3-5-0) missed its chance to get back to .500 on home soil after a lengthy road trip due to stadium renovations.

"As I said to Greg at the end, I truly believe that Toronto will be up there challenging, not only to make the playoffs, but obviously challenging to win the conference," said Houston coach Owen Coyle. "The quality they have is there for everyone to see. So we knew we were going to have to be at our best, and I think we were tonight."

THE CANADIAN PRESS

TFC midfielder Sebastian Giovinco falls after being sandwiched between Houston midfielder Luis Garrido, left, and defender Raul Rodriguez on Sunday. RICHARD LAUTENS/TORSTAR NEWS SERVICE

The Cavs mob LeBron James after No. 23's buzzer-beating shot on Sunday in Chicago. NAM Y. HUH/THE ASSOCIATED PRESS

NBA PLAYOFFS

Buzz kill: LeBron sinks Bulls

LeBron James watched his coach draw up the final play — and then drew one up of his own.

"Give me the ball and get out of the way," he said.

James overruled Cleveland coach David Blatt's idea for a last-second inbounds play and drained a jumper from the corner at the buzzer to give the Cavaliers an 86-84 win over the Chicago Bulls on Sunday, evening the second round series at 2-2.

During a stoppage the Cavs only got because the officials were reviewing a play, Blatt designed a play that had James taking the ball out. The four-time MVP vetoed his coach.

"The play that was drawn up, I scratched it. I just told Coach, 'Just give me the ball. We're either going to go into overtime or I'm going to win it for us,'" James said.

Playing the final quarter on a sprained left ankle, James finished with 25 points.

THE ASSOCIATED PRESS

IN BRIEF

Jays slip up against Boston

Mike Napoli and Pablo Sandoval homered as the Boston Red Sox defeated Toronto 6-3 on Sunday afternoon at Rogers Centre to end the Blue Jays' three-game winning streak.

Chris Colabello had three hits for Toronto, which fell back to the .500 mark (16-16) with the loss.

THE CANADIAN PRESS

Fowler wins Players

There was nothing over-rated about Rickie Fowler at The Players Championship.

Criticized this week by his peers as an under-achiever, Fowler answered with the greatest finish in the 34-year history of TPC Sawgrass. He rallied from a five-shot deficit on the back nine by playing the final six holes at 6-under par. In a three-hole playoff, he took on every shot. And he made birdie from inside six feet three times Sunday on the island-green 17th. The last one made him a sudden-death playoff winner over Kevin Kisner.

THE ASSOCIATED PRESS

Rangers-Capitals to decide series in Manhattan

Chris Kreider scored in the first minute and final second of the opening period, Rick Nash and Dan Boyle added goals in the third, and the New York Rangers held on to edge the Washington Capitals 4-3 on Sunday night and force a Game 7 in the second-round playoff series. THE ASSOCIATED PRESS

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HOCKEY CANADA SECURES FIRST SEED IN GROUP A Nathan MacKinnon scores a goal on Switzerland goalie Reto Berra during Canada's 7-2 world hockey championship win in Prague on Sunday. Canada (6-0-0) clinched first place in Group A with the win. The team will finish round-robin play against Austria on Tuesday. JONATHAN NACKSTRAND/AFP/GETTY IMAGES

SOCCER LIVERPOOL'S CHAMPIONS LEAGUE BID FALLS SHORT Liverpool's hopes of returning to the Champions League effectively ended with a 1-1 draw at Chelsea on Sunday in the London club's first match since securing the Premier League title. SHAUN BOTTERILL/GETTY IMAGES

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Serving size: 6

Ingredients
- 1½ lb trimmed Brussel sprouts, cut into quarters

Dressing
- 2 Tbsp olive oil
- 3 Tbsp orange juice
- 2 tsp Dijon mustard
- 1 tsp grated orange rind
- ½ tsp minced garlic
- Salt and pepper
- 10 dried apricots sliced thinly
- 1/3 cup toasted sliced almonds

Directions

1. Preheat oven to 425 F. Place quartered sprouts on baking sheet sprayed with vegetable oil. Roast for 15 minutes or just until tender and browned.

2. To make the dressing: combine oil, juice, mustard, rind, garlic, salt and pepper.

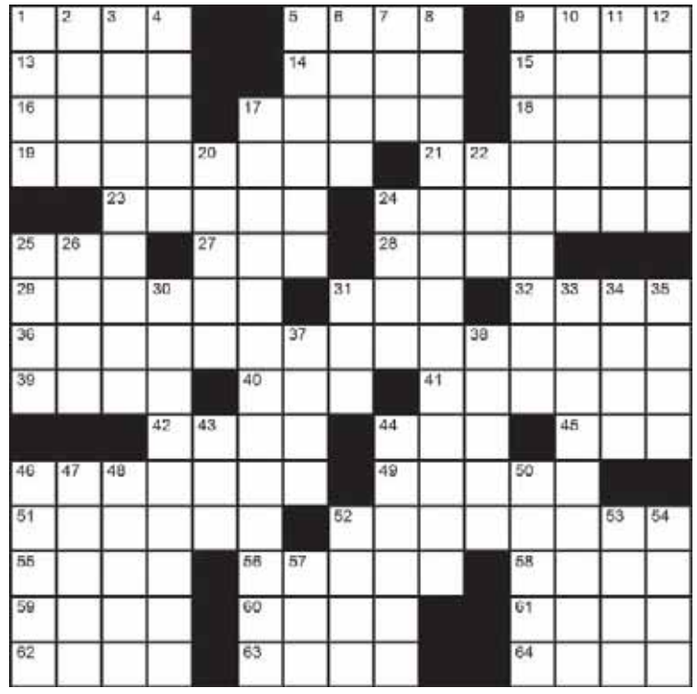
3. Place Brussel sprouts in serving dish, add sauce and apricots and garnish with toasted almonds.

Nutrition per serving
- Calories 169
- Protein 5.8g
- Carbohydrates 20.8g
- Fibre 6.6g
- Total fat 8.2g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Fido-created effects
5. "Begone, bug!"
9. Music key: letter + abbr.
13. Telegram
14. Pope name
15. Costa __
16. International oil gr.
17. __ acid
18. __ _ medio (Year and a half, in Spanish)
19. Round Table member
21. Bluegrass performer Ms. Krauss
23. :
24. __ Cut (Style of #3-Down by McCain)
25. "Yuck."
27. Hosp. areas
28. Give _ __ (Display friendly doggie behaviour)
29. Fine-tune
31. Before
32. Morns followers
36. Like a whale coming into the world via a pool rather than an ocean: 3 wds.
39. Singer Mr. Stone's
40. Former kitten
41. Ireland-set 2002 Pierce Brosnan movie
42. Particular
44. Mr. Levin
45. Real estate database, commonly
46. Saskatchewan village; or, Grant of "Eight Is Enough"
49. Cable news channel
51. Q. "What Sarah McLachlan song starts 'Spend all your time waiting...'?" A. "'_', _ believe."
52. Navy ships formation
55. Prefix to 'metric' (Type of pressure)
56. WWII-era positioning system, commonly
58. Actress Jessica
59. Stead
60. Plunder
61. Sports org.
62. Once, poetically
63. Carlisle Cullen's wife in 'Twilight' movies
64. Those, in Spanish

DOWN
1. No-show stat.
2. Actress/host Kelly
3. New Brunswick town at #17-Down = '__ __ Capital of the World'
4. Fresco-__ (Painting technique)
5. Cereal utensils
6. To the __ (Fully)
7. Yes: French
8. Legendary Montreal-born jazz pianist/composer: 2 wds.
9. Instant insight/inspiration
10. Belarus' capital
11. Keep _ __ head (Remain calm)
12. Toronto-born actress Ms. Eastwood
17. __-Bristol (Global headquarters of McCain Foods Canada)
20. 1985 movie (co-starring John Malkovich) for Canadian actress Kate Nelligan
22. __ Fail (Irish coronation stone)
24. Fish type
25. City: Latin
26. Earth sci.
30. Bryan Adams song: 2 wds.
31. Butter portion
33. Silver screen scenes snippets: 2 wds.
34. Texter's sign-off, e.g.
35. Equivalent words [abbr.]
37. Arrived
38. "_ __ to suck your blood!" ...exclaimed the vampire
43. __ Aviv, Israel
44. Tardy one's self-observation: 2 wds.
46. Movie star Clark
47. Where an elated person dances: 2 wds.
48. Monsters
50. Church book
52. Gift tag word
53. Toy building block
54. Unfortunately
57. Sharon's hubby/Jack's dad ...his initials-sharers

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Do something today that takes the object of your affection by surprise. Think of the most romantic thing you could do, then do it and watch their passion ignite. And plan a trip away together for later in the week or next weekend.

Taurus April 21 - May 21
Mars leaves your birth sign tomorrow, so if there is anything that needs finishing you should knuckle down and get on with it now. Your efforts will not go unrecognized or unrewarded — the powers that be have been watching.

Gemini May 22 - June 21
You don't like to be suspicious but if someone offers you something for nothing today it will pay you to find out if they are up to something.

Cancer June 22 - July 23
If you do a good deed or make some kind of sacrifice for a friend or relative over the next 24 hours you are sure to receive a reward or compensation.

Leo July 24 - Aug. 23
You have been trying too hard to win friends and influence people and when you try too hard at anything it tends to have the opposite effect to what you desire. However, don't take that to mean you should not try at all.

Virgo Aug. 24 - Sept. 23
There is something you want to do but your instincts tell you it won't go down well with certain people. That's settled then: You are going to do it! You are in one of those moods when you enjoy causing a bit of chaos.

Libra Sept. 24 - Oct. 23
You may be tempted to own up to some kind of indiscretion, simply to get rid of the guilt feelings you have been carrying round, but is that such a good idea?

Scorpio Oct. 24 - Nov. 22
It's unlikely that you will be in a sociable mood today but that's okay because you have important things to think about and you will only do them justice if you cut yourself off from the world.

Sagittarius Nov. 23 - Dec. 21
You may not be your usual extrovert self today but even a Sagittarius needs to take things easy once in a while and according to the planets this is a great time to switch off and not worry too much about the world around you.

Capricorn Dec. 22 - Jan. 20
Something you do – or don't do – will shock those who see you as the one person who can always be depended on, but maybe that's the idea.

Aquarius Jan. 21 - Feb. 19
This is an excellent time for partnerships and affairs of the heart. Let those who mean something to you know how much you respect and care for them.

Pisces Feb. 20 - March 20
Others may not agree with what you intend to do today but that won't worry you in the slightest. Too often lately you have allowed others to control your behavior because you did not want to rock the boat. Now give it a really good shake!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	4			5	8	2	7
3			4		8			6
7			2					5
6			7					1
	5	9	8				7	
			6				3	
			9			5		
			1			7		
	6	1				2		

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